

Early Childhood Caregiver (ECC) Level 1 – Student Information Sheet

Programme Title: Early Childhood Caregiver

NQF Level: 1

Credits: 32

Duration: 4 months (1 whole week per month)

Programme ID: SP-191219

Accrediting Body: Quality Council for Trades and Occupations (QCTO)

Delivered by: Knysna Education Trust (KET)

Entry Requirements: Open to all (no prior qualifications required); must have a good command of English language (written, understanding and reading skills)

Programme Overview

The ECC Level 1 course is an approved skills programme designed to prepare individuals for work in Early Childhood Development (ECD) settings. It is ideal for those just starting out or currently assisting in childcare environments without formal training.

This course provides foundational knowledge and practical skills to support the holistic development and care of babies, toddlers, and young children.

What You Will Learn

By the end of the course, you will be able to:

- Provide nurturing care and support children's daily needs
- Recognize stages of child development and apply developmentally appropriate practices
- Set up safe, hygienic, and stimulating learning/play environments
- Communicate effectively with children, parents, and professional stakeholders
- Prepare meals, assist with hygiene, and ensure children's safety
- Work as part of a team in ECD settings

Modules & Credits

Knowledge Modules (19 credits):

- Child development within a child rights framework
- Creating supportive environments for young children
- Providing quality interactive care



Practical Application Modules (13 credits):

- Applying child development principles
- Setting up play environments
- Delivering quality caregiving

Assessments

- **Continuous Assessment:** Ongoing practical and written assessments during the course
- **Final Integrated Supervised Assessment (FISA):** An internal written and practical exam where you'll demonstrate caregiving tasks, safety knowledge, play facilitation, and communication skills in a simulated ECD environment.

Career Pathways & Further Learning

Completing this programme:

- Equips you for work as an Early Childhood Caregiver in community centres, preschools, and home-based care
- Provides credits towards further qualifications like the **ECD Practitioner NQF Level 4**
- Strengthens your application for further training and professional development in the education sector

Important Notes

- This course is **bursary-funded**.
- Attendance and participation in all sessions are required to complete the programme successfully.

We look forward to helping you build the skills and confidence needed to make a real difference in the lives of young children.

Kind regards,

Debbie de Villiers

Accredited Training Centre Coordinator